

EXHIBIT 6.8. Problem-Solution Features Data Set

Categories: Hooks, Thesis, Causes, Effects, Solutions

1. Obesity is a widespread problem in our country that needs to be addressed immediately.
2. Many food companies make food that is bad for us and addictive. They advertise these foods to kids and teens which can cause unhealthy weight gain among those who eat these foods.
3. A real solution to the growing problem of obesity is to teach teens about the ways food companies are trying to manipulate (trick) them.
4. Another cause of obesity is that many people don't get enough exercise and spend a lot of time sitting at school or at their jobs.
5. Only allowing fresh, healthy foods at school is another way to reduce obesity among kids and teens.
6. Imagine if schools only served fresh fruits and vegetables and other healthy foods to students. What would be the effect? Would obesity among children go down?
7. In my opinion, obesity is a growing problem that must be addressed so people can live long and healthy lives.
8. Every day, I see advertisements for fast food or sugary drinks on TV. Usually, the people in the ads are smiling and full of energy. Unfortunately, this is not how I feel after I eat junk food!
9. Childhood obesity can affect how children perform in school. If they are eating unhealthy foods and aren't getting much exercise, then they may have less energy for their schoolwork.
10. When you drive through your neighborhood, do you see markets selling fresh food or do you see mostly fast food restaurants? Does this have an impact on the health of the people living in your neighborhood?
11. A serious challenge facing my community is obesity, and something must be done.
12. Obesity can result in devastating health effects like diabetes or heart disease.
13. I believe a big problem in our society is the mass marketing of unhealthy food and drinks to teens. Corporations choose to make money by making people sick and it has to stop.
14. A lack of affordable, healthy food options in the community can lead to unhealthy eating and weight gain.

- 15.** In order to reduce childhood obesity rates, we must make it easier and more affordable for parents to buy fresh fruits and vegetables.
- 16.** One effect of being overweight as a child or teen is being at a higher risk of developing diabetes and asthma.

Categorized Hooks, Thesis, Causes, Effects, Solutions

Note: This portion of the exhibit should not be reproduced for student use.

Hooks

- 6.** Imagine if schools only served fresh fruits and vegetables and other healthy foods to students. What would be the effect? Would obesity among children go down?
- 8.** Every day, I see advertisements for fast food or sugary drinks on TV. Usually, the people in the ads are smiling and full of energy. Unfortunately, this is not how I feel after I eat junk food!
- 10.** When you drive through your neighborhood, do you see markets selling fresh food or do you see mostly fast food restaurants? Does this have an impact on the health of the people living in your neighborhood?

Thesis

- 1.** Obesity is a widespread problem in our country that needs to be addressed immediately.
- 7.** In my opinion, obesity is a growing problem that must be addressed so people can live long and healthy lives.
- 11.** A serious challenge facing my community is obesity, and something must be done.
- 13.** I believe a big problem in our society is the mass marketing of unhealthy food and drinks to teens. Corporations choose to make money by making people sick and it has to stop.

Causes

- 1.** Many food companies make food that is bad for us and addictive. They advertise these foods to kids and teens which can cause unhealthy weight gain among teens who eat these foods.

- 4. Another cause of obesity is that many people don't get enough exercise and spend a lot of time sitting at school or at their jobs.
- 14. A lack of affordable, healthy food options in the community can lead to unhealthy eating and weight gain.

Effects

- 9. Childhood obesity can affect how children perform in school. If they are eating unhealthy foods and aren't getting much exercise, then they may have less energy for their schoolwork.
- 12. Obesity can result in devastating health effects like diabetes or heart disease.
- 16. One effect of being overweight as a child or teen is being at a higher risk of developing diabetes and asthma.

Solutions

- 1. A real solution to the growing problem of obesity is to teach teens about the ways food companies are trying to manipulate (trick) them.
 - 5. Only allowing fresh, healthy foods at school is another way to reduce obesity among kids and teens.
 - 15. In order to reduce childhood obesity rates, we must make it easier and more affordable for parents to buy fresh fruits and vegetables.
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