

EXHIBIT 4.14. Exercise Strip Story

- 1.** He finished by running around the track.
- 2.** Next, he bent over and touched his toes with his hands.
- 3.** Alberto was tired after he was done, and was happy to go home.
- 4.** He wanted to exercise to get in shape for playing soccer.
- 5.** After squats, he did pull-ups by getting his chin above a bar.
- 6.** School ended, and it was time for Alberto to exercise.
- 7.** First, he did a warm-up and swung his legs back and forth.
- 8.** Third, he squatted by bending his knees

Answer key: 6, 4, 7, 2, 8, 5, 1, 3