

EXHIBIT 16.1. Bilingual or Multilingual Advantages Read-Aloud

Scientists and others have recently found that people get many benefits from learning English (and other languages):

Learning English can increase your income by 20 percent to 25 percent. It's a skill that employers want.

Learning another language "exercises" the brain as if it were a muscle. Because of that increased flexibility, bilingual people are better learners, have a better memory, and can do more things at once better than people who only speak one language. They are also better at solving problems.

People who are bilingual can delay the beginning of Alzheimer's disease by an average of four years over people who only speak one language. Being bilingual strengthens the part of the brain that gets attacked first by the disease.

Sources: M. de Lotbiniere (2011). "Research Backs English as Key to Development," *The Guardian*, July 5; "Why It Pays to Be Bilingual," (2011). *Voxy*, February 15, retrieved from <http://voxy.com/blog>; D. Marsh, "Languages Smarten up Your Brain," (2010). *The Guardian*, January 25; Dreifus, C. (2011). "The Bilingual Advantage," *New York Times*, May 30; Wang, S. S. (2010). "Building a More Resilient Brain," *Wall Street Journal*, October 12.